

# Directions

This activity is well-suited for lamination for long-term use. You can also use this file to help children practice their cutting and gluing skills.

If laminating, cut out the food on the last page, and use velcro (such as 0.59" diameter self-adhesive dots) to secure them to the background page.

Don't forget to have a fun conversation about whether the tomato and bell pepper are a fruit or veggie!

All designs were created by Erin P.T. Canning. Thank you for respecting my terms of use.

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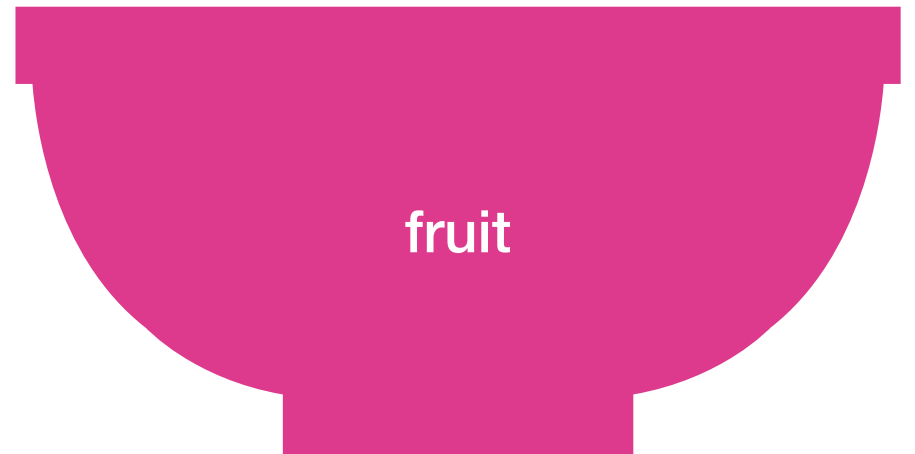
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# fruits and veggies



Cut out all of these foods, leaving  
a 1/4" white border.

